

Pickleball Attracts 80!

@ the Beginner
Clinic held on
1-19-15



Let's Play!

by Terry McKay

Not 80 degrees, not octogenarians, but 80 Heritage Bay residents signed up to learn this sweet sport with the sour name.

Pickleball rocked the courts at Heritage Bay on Monday, January 19th. Our 20 HB volunteer coaches divided the group up to run through four courts learning the underhand serve, Dinking, ground strokes, and strategy. After everyone rotated through the circuit it was time to put their new skills into play. And played they did. Everyone who attended or volunteered made it simply a great day. Learning a sport to last a lifetime, meeting new friends, enjoying our beautiful

HB surroundings, and if all that wasn't enough, we had Kyle Yates, the number two ranked player by the USAPA coaching us!

This exceptional young man (who is 19) just returned to Florida after winning five gold medals at the National Pickleball Tournament in Arizona.



Kyle Yates

Since Pickleball is a very social sport, at the end of our clinic naturally many of us headed for the Chickee Hut for a few drinks with our newly made friends.



If you want any additional information, please feel free to contact any of the following:

Anita Bava –
abava@comcast.net

Carole Lisson –
carolejlisson33@gmail.com

Terry McKay –
tmckay707@gmail.com

For those unfamiliar with this fastest growing sport, here's an overview:

Origin of the name

There is some controversy about the origin of the name. Some claim it was named after the sport founders' (Congressman Joel Pritchard) dog, Pickles, who chased after the balls while participants played.

However, according to the Pritchard's family, Congressman Joel Pritchard and his buddies created the game in the summer of 1963 in Bainbridge Island, Washington for the entire family to enjoy. It was some years later that the Pritchard's dog joined the family and the dog was named after the sport rather than the other way around.

Some family members believe "pickle" came from their maritime pursuits. The Congressman's wife, Joan, was a competitive rower and referred to the slowest boat in the race as the "pickle" boat. So you choose which story you prefer.



Carole Lisson giving instructions.

How the game is played

The game is played with a paddle and a perforated ball over a tennis type net on a badminton sized court. The ball is served underhand without bouncing it off the court and is served diagonally to the opponent's service court. The game is usually played with four people - two on each side. The preferred surface is a hard court.

Points are scored by the serving side only and occur when the opponent faults (fails to return the ball, hits ball out of bounds, etc.) The server continues to serve, alternating service courts, until server faults.

The first side scoring 11 points and leading by at least a 2-point margin wins. For more information refer to usapa.org, ipickleball.org, and pickleballcentral.com.

How do you get in the fun???

Show up. That simple.

Pickleball is an easy game to learn, a great workout, and so much fun.

Please refer to the Pickleball schedule on the following page.

All you need to do is show up, wear tennis shoes, and be prepared to have a good time. We always have extra paddles and there is always someone willing to help you. It's that simple to learn a sport that will last a lifetime!



Terry McKay & Anita Bava with Kyle!



Thank You to all of our wonderful volunteers!

PICKLEBALL SCHEDULE as of 1-20-15

Courts 5 & 6

Sunday	Open all day – you can play in AM – make your own foursome – set up your own net. 1-3PM – Advanced (3.5+) 3-5PM – Beginners 5-8PM - Intermediate
Monday	No time available
Tuesday	3-6PM – All Levels
Wednesday	1-3PM – Advanced (3.5+) 3-5PM – Beginner/Interm. (3.0-3.5)
Thursday	No time available
Friday	Courts available 2-10PM 2-4PM – Beginners 4-6PM – Intermediate 6-8PM – Advanced (3.5+)
Saturday	Courts available 2-10PM 2-4PM – Advanced (3.5+) 4-6PM – Beginners 6-8PM – All Levels